



What People Like & Admire About Me

- Tell the truth about what we accept and don't accept
- Good teachers
- Kind & friendly
- Learning to follow rules
- Support each other
- Consistency
- Family-friendly (PG-13)
- We all learn from each other and become the best self-advocates we can be because it's so important to let people know we matter as human beings, too

What's Important to Me

- Everyone's voice is heard
- Safe space for me
- Setting boundaries and expectations
- Speaking up to medical professionals
- Deciding topics with everyone in agreement
- Learn new stuff
- Be understanding of other people who may need more time with getting their words out (patience, considerate, understanding)
- Asking for clarification, being able to rephrase if someone doesn't understand
- HAVE FUN

How to Best Support Me

- Tell people the truth, tell people how to be independent and safe
- Set rules and boundaries, respect height difference
- Help each other out, support people that are deaf or non-speaking
- Be cheerleaders for each other, be positive
- Routine meetings, coming together to decide meeting topics
- If you say we are having a meeting, don't just say it, do it
- Making meetings accessible to people all over the world
- Inviting people with different disabilities, different perspectives, from different places in the world
- Be inclusive, not exclusive; bring people up and not down
- HAVE FUN